

# *The 59<sup>th</sup> annual ACC Cross Country*



**5 June 2025**

**Perry Lakes Reserve**



**Town of  
Cambridge**



## CAR PARKING

**P** Car parking is available in the following areas:

- car park behind the YMCC hockey clubrooms (before 9:15 am)
- temporary grass car park off Alderbury St.
- marked areas on the streets east & south of Alderbury St.
- Floreat Sport Precinct - off Ulster Road, Chandler Ave.
- Mt Claremont Sport Precinct – off Underwood Ave / Stephenson Ave.

**P** Car Parking is NOT allowed in the following areas:

- entrance road to the YMCC Clubrooms car park after 9:15 am.
- pickup/drop off bus zones on Alderbury St and Perry Lakes Drive.
- Bold Park car parks off the west side of Perry Lakes Drive (Tuart & Camel Lake)
- WA Ecology Centre and Perry House car parks off Perry Lakes Drive.
- Perry Lakes Drive in the vicinity of the skate park.

## AGE CLASSIFICATIONS

Students competing in ACC sport must be secondary school students and under 19 years of age at 31st December. Age group categories for Boys and Girls are: U13, U14, U15, U16 and U19.

All ACC carnivals use the cut-off date **30th June** for age group classifications, in line with school year group ages.

Competitors are permitted to compete in *one* age group only.

## MAXIMUM NUMBER OF COMPETITORS

A maximum of 6 competitors per gender and age group may run for each school.

*Exceptions are made as follows:*

- *In U19 age events a maximum of 8 runners per gender may compete.*
- *Multi-Class/Inclusive runners do not count towards a team's maximum number.*

# PROGRAM OF EVENTS

EVENT	GENDER	AGE	MARSHAL	START	CUT-OFF TIME
1	Girls	U19	09:10 am	<b>09:30 am</b>	9:55 am
2	Boys	U19	09:35 am	<b>09:55 am</b>	10:18 am
3	Girls	U16	10:00 am	<b>10:20 am</b>	10:45 am
4	Boys	U16	10:25 am	<b>10:45 am</b>	11:08 am
5	Girls	U15	10:50 am	<b>11:10 am</b>	11:35 am
6	Boys	U15	11:15 am	<b>11:35 am</b>	11:58 am
7	Girls	U14	11:40 am	<b>12:00 pm</b>	12:20 pm
8	Boys	U14	12:00 pm	<b>12:20 pm</b>	12:38 pm
9	Girls	U13	12:20 pm	<b>12:40 pm</b>	1:00 pm
10	Boys	U13	12:45 pm	<b>1:05 pm</b>	1:23 pm

*NB: Multi-Class/Inclusive students will compete within their age/gender category, unless advised otherwise.*

**CLEAN UP** 1:25 – 1:45 pm  
**PRESENTATIONS** 1:45 – 2:15 pm

**NB: Start times for events are approximate and may vary slightly on the day.**



# Course Route



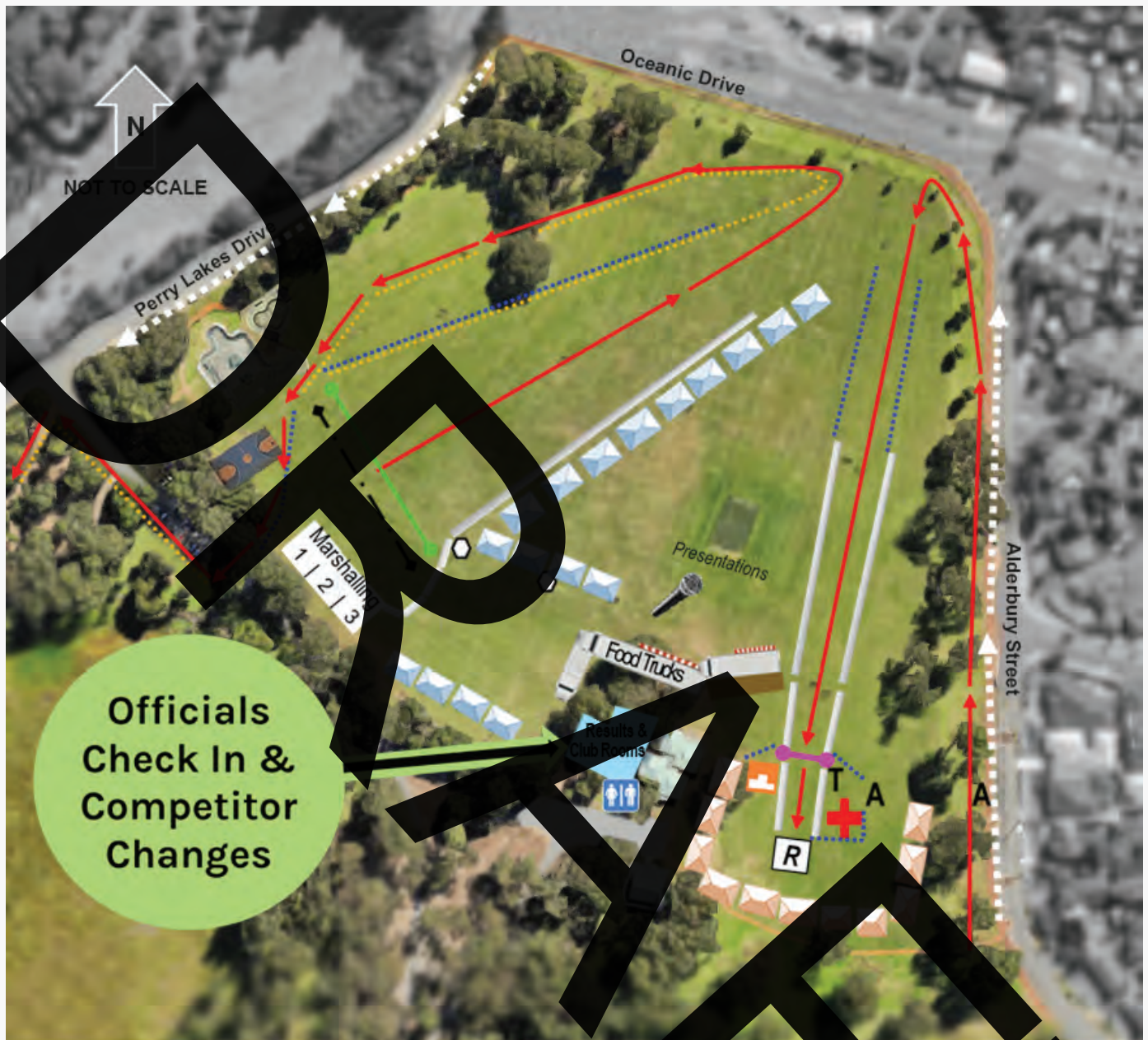
U13 & U14  
age groups  
run 3km.

U15, U16 & U19  
run 4km.

- Numbers 1-26 refer to Station Officials locations.
- Standard course markers are red poles and orange road cones, with the 3km reduction marked in blue poles. Runners must keep all course markers to their left.
- The course is within the confines of the Perry Lakes area and crosses only internal roads.
- All genders run the same route. U13 & U14 run 3km; this course reduction is from stations 7-9.
- This map is only a guide; the course route will be clearly marked on the day.
- Where possible the route closely follows boundaries such as the lakes and log fences.
- Schools should endeavor to familiarize their competitors / officials with the course route.



# Start and Finish Areas



**Officials  
Check In &  
Competitor  
Changes**

- |  |                                       |
|--|---------------------------------------|
| ◆ · ◆ → Marshal line with school names                         | ◆ · ◆ → Finish line & Arch            |
| ● — ● Start line   | T Blue Chip Timing                    |
| --- Course markers (red poles/cones):<br>to be on runners left | R Blue Chip Results Display           |
| → Direction of runners   | ☐ Medallion Dais / Recorders Tent     |
| ⋯ Rope/Bunting (do not cross)                                  | 🎤 Announcer                           |
| — Crowd Control Barriers (do not cross)                        | 🚚 FitStop Food Trucks                 |
| 🏠 School Supplied Marquees                                     | 🗨 Light tower                         |
| 🏠 Hire Marquees  | 🛖 First Aid Tent                      |
| 🏠 Club rooms<br>Officials / Team Changes / Results             | 🚌 Bus direction: Pick up/Drop off     |
|  | A Ambulance/Truck Access (keep clear) |

Note: Footballs/ soccer balls etc. are banned in all areas.  
The Basketball court and Skate Park off Perry Lakes Drive are out of bounds.  
Climbing of trees, hockey goals, marquees and buildings is prohibited.



Participating Schools	CODE	START LINE POSITION
Alkimos Baptist College	AKB	9
All Saints' College	ASC	75
Aranmore Catholic College	ARA	71
Atlantis Beach Baptist College	ABB	65
Austin Cove Baptist College	ACB	12
Bunbury Grammar School	BCG	30
Carey Baptist College (F)	CRF	32
Carey Baptist College (H)	CRH	54
Carmel School	CAR	39
CBC Fremantle	CBC	1
Chisholm College	CHI	77
Corpus Christi College	COR	10
Court Grammar School	CGS	52
Dale Christian School	DCS	27
Ellenbrook Christian CS	ELL	57
Emmanuel Catholic College	ECC	18
Emmanuel Christian CS	ECS	47
Foundation Christian College	FCC	48
Frederick Irwin AS	FIA	29
Fremantle Christian College	FRE	36
Geraldton Christian College	GCC	64
Geraldton Grammar School	GGS	53
Grace Christian School	GCS	62
Guildford Grammar School	GUI	43
Helena College	HEL	70
Heritage College	HCP	28
Hillside Christian College	HIL	51
Holy Cross College	HCC	37
Immaculate Heart College	IHC	59
International School WA	IWA	17
Irene McCormack CC	IMC	69
John Paul College	JPC	4
John Septimus Roe ACS	JSR	73
John Wollaston ACS	JWS	55
John XXIII College	JTC	66
Kennedy Baptist College	KBC	35
Kingsway Christian College	KCC	40
Kolbe Catholic College	KOL	25
La Salle College	LSC	60
Lake Joondalup BC	LJB	41

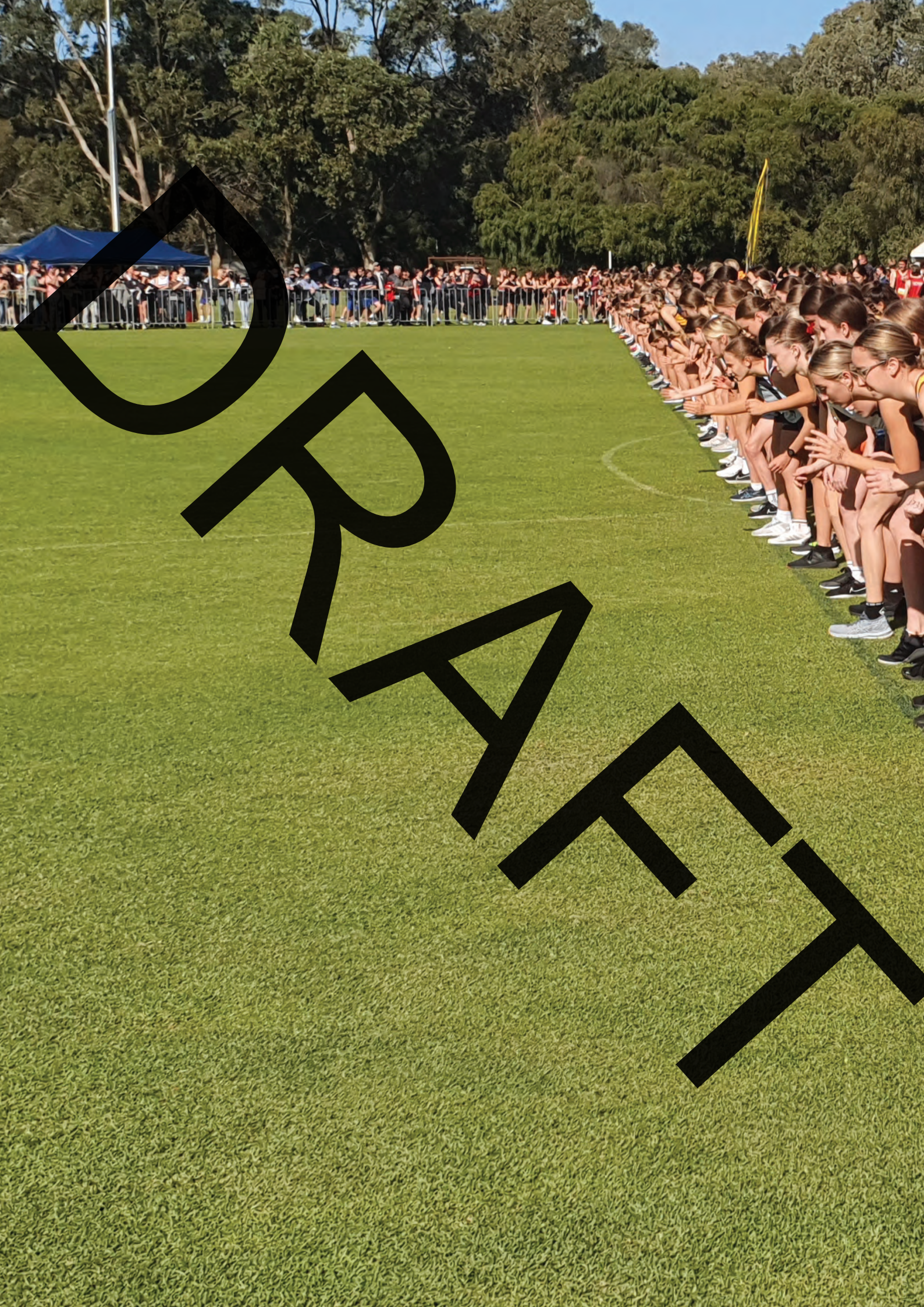
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38
CBC   MER	SJB	SER	JPC	SSC	SAL	PCA	NAG	AKB	COR	SNC	ACB	TKC	MBC	MTC	SAG	IWA	ECC	MUN	SET	SCB	RCC	STG	PRE	KOL	SWA	DCS	HCP	FIA	BCG	SVA	CRF	MAZ   SBC	SMK	KBC	FRE	HCC	SJN



Participating Schools		CODE	START LINE POSITION
	Living Waters LC	LWL	61
	Lumen Christi College	LCC	67
	Mandurah Baptist College	MBC	14
	Mandurah Catholic College	MCC	58
	Mater Dei College	MDC	56
	Mazenod College	MAZ	33
	Mercedes College	MER	1
	Mercy College	MCY	45
	Mother Teresa CC	MTC	15
	Mundaring Christian College	MUN	19
	Nagle Catholic College	NAG	8
	Newman College	NEW	50
	Peter Camley ACS	PCA	7
	Peter Moyes ACS	PMA	46
	Prenthall Catholic College	PRE	24
	Providence Christian College	PRO	63
	Quinns Baptist College	QBC	44
	Rehoboth Christian College	RCC	22
	Sacred Heart College	SHC	72
	Salvado Catholic College	SAL	6
	Servite College	SER	3
	Seton Catholic College	SET	20
	South Coast Baptist College	SCB	21
	St Andrew's Grammar	SAG	16
	St Brigid's College	SBC	33
	St George's AGS	STG	23
	St James' Anglican School	STJ	49
	St John Bosco College	SJB	2
	St Joseph's School	SJN	38
	St Mark's ACS	SMK	34
	St Mary MacKillop College	MAK	42
	St Norbert College	SNC	11
	St Stephen's School (C)	SSC	5
	St Stephen's School (D)	SSD	74
	Swan Christian College	SWA	26
	Swan Valley ACS	SVA	31
	The King's College	TKC	13
	Tranby College	TRA	68
	Ursula Frayne CC	UFC	76

39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77
CAR	KCC	LJB	MAK	GUI	QBC	MCY	PMA	ECS	FCC	STJ	NEW	HIL	CGS	GGG	CRH	JWS	MDC	ELL	MCC	IHC	LSC	LWL	GCS	PRO	GCC	ABB	JTC	LCC	TRA	IMC	HEL	ARA	SHC	JSR	SSD	ASC	UFC	CHI





DRIFT





## EVENT RULES

Event rules are as per IAAF cross country running rules, except where stated otherwise.

### DRESS

Competitors are to be attired in their school's athletic/cross country or physical education uniform.

- Footwear is compulsory. Spikes are not to be worn.
- Music devices, headphones/earpods and watches are not to be worn while competing.
- Timing chips must be worn and correctly fitted. It is the school's responsibility to ensure that competitors are wearing their correct chip number.

### GENERAL

- **START:** At the start line, runners are positioned in pairs (2 behind 2) with the best runners at the front. The starter's command will be "take your marks" followed by an air horn start signal.
- **RESULTS/PLACES:** All runners are automatically timed and placed by the timing system when they cross the finish line.
- The first 5 runners in each race are also manually timed, placed and recorded.
- A competitor who does not cross the finish line unaided will not receive an official time, place or score. Runners that do not finish the race will be listed as DNF in the results.
- Course officials have the power to disqualify students who choose to walk the course and are without the desire or fitness to complete the course as a run. These students may be directed back to their team area without finishing.



## EVENT DISTANCES & RACE CUT-OFF TIMES

Girls	U13 & U14 age categories	3000m	20 minutes
Boys	U13 & U14 age categories	3000m	18 minutes
Girls	U15, U16 & U19 age categories	4000m	25 minutes
Boys	U15, U16 & U19 age categories	4000m	23 minutes

A chime will sound at the designated cut-off time to signal that the recording of race results has finished. Runners will still be allowed to complete the course and receive a finish time; however, they will not score an official result.

NB: There is to be no coaching of athletes while they are competing.

## RESULTS

All results will be available online at

- <https://www.accsport.asn.au/carnivals/cross-country/results/2025>
- Blue Chip Website - <https://bluechipresults.com.au/results.aspx?CId=11&RId=1741>
- Live Leader Board - <https://bluechipresults.com.au/live.aspx?CId=11&RId=1741>



## TROPHIES & AWARDS

Competitors represent their school as an individual and as part of a team.

Medallions are awarded for individual competitors as follows:

- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getters in each event
- 1<sup>st</sup> place getter in Inclusive events (not disability specific)

Trophies are awarded in the following 13 categories:

U13 Boys	U14 Boys	U15 Boys	U16 Boys	U19 Boys	Aggregate Boys	Combined
U13 Girls	U14 Girls	U15 Girls	U16 Girls	U19 Girls	Aggregate Girls	Aggregate

To qualify for these 13 team trophies a school must have a minimum of 3 runners who successfully complete the course within the cut-off time, in each event within the trophy category. The first three places gained by an individual school in each event, count towards these team trophies.

Schools with a year 7-12 student population under 500 can compete for shields in 2 additional categories:

Sub-500 Junior Aggregate (U13-U15)

Sub-500 Senior Aggregate (U16-U19)

To qualify for these 2 team trophies a school must have a minimum of 2 runners who successfully complete the course within the cut-off time, in each event within the trophy category. The first two places gained by an individual school in each event, count towards these 2 team trophies.

In the case of a 'draw', the trophy will be shared.

*Multi-Class/Inclusive competitors only score points for their school in the main trophy categories if they are in the top three finishers for their school and finish inside the cut off time. The Multi-Class/Inclusive events are separate events.*

The first five place-getters in each gender age group will be selected in the ACC All Stars Cross Country Team.

The first two classified Multi Class competitors in each gender age group, with positions determined using Athletics Australia's Baseline Scoring template, will also be selected in the ACC All Stars Cross Country Team.

Those who achieve ACC All Stars will receive a certificate and an 'All Stars' pin to acknowledgment this achievement.







**WALLY'S  
TACOS**



**BOOST**



**THE MILKY MONSTER**





# ACC All Stars Cross Country 2024

## U/13 Girls

1	Fieke Potter	St George's AGS
2	Abeerah Ali	Carey Baptist, Harrisdale
3	Vivienne Barley	John XXIII College
3	Scarlett Marr	Sacred Heart College
5	Sienna Tenardi	St James' Anglican School

## U/13 Boys

1	Jaydon Anthony	St John Bosco College
2	Ajay Goyen	CBC Fremantle
3	Jordan Manfield	Mother Teresa CC
4	Thomas Fallan	Peter Moyes ACS
5	Jake Thornton	Frederick Irwin AS

## U/14 Girls

1	Tori Stancombe	Mater Dei College
2	Charlotte Hayward	Helena College
3	Mia Shelley	Peter Moyes ACS
4	Amber Rodan	John Paul College
5	Ava Brennan	Sacred Heart College

## U/14 Boys

1	Dean Skroza	St Stephen's, Carramar
2	Jaison Jaschinsky	Irene McCormack CC
3	Tighe Wynne	Irene McCormack CC
4	Liam Domoney	Carey Baptist, Harrisdale
5	Austin Saratsis	All Saints' College

## U/15 Girls

1	Lia Watters	St George's AGS
2	Olivia Smith	All Saints' College
3	Olivia Britten	Peter Moyes ACS
4	Shea Correia	Emmanuel CC
5	Imogen Winfield	Emmanuel CC

## U/15 Boys

1	Grayson Brydon	Irene McCormack CC
2	Thomas Davey	Mazenod College
3	Toby Riches	All Saints' College
4	Duku Jansuk	Salvado Catholic College
5	Joel Baker	CBC Fremantle

## U/16 Girls

1	Olivia Hildebrandt	Newman College
2	Emily Anderson	Guildford Grammar School
3	Olivia McCay	Emmanuel CC
4	Claudia Gnech	John XXIII College
5	Sasha Pallis	John XXIII College

## U/16 Boys

1	Eli Saratsis	All Saints' College
2	Barnaby Lancaster-Simper	St James' Anglican School
3	Kalen Bennet	St Mary MacKillop College
4	Albert Turner	Mandurah CC
5	Cohen Pressley	St Mark's ACS

## U/19 Girls

1	Madeline Taylor	International School of WA
2	Isabella Heathcote	St Stephen's, Duncraig
3	Beth Kilgallon	Peter Moyes ACS
4	Nicole Chamberlain	Geraldton Grammar
5	Mia Colley	John Wollaston ACS

## U/19 Boys

1	Matthew Dodds	Sacred Heart College
2	Andrew Hellbusch	Providence Christian
3	Dante Armstrong	Irene McCormack CC
4	Caide Ellis	Mandurah Baptist College
5	Luke Thompson	Lake Joondalup Baptist

## Multi-Class

1	Rebekah Fraser	Rehoboth	Girls	U16	T01
1	Josh Reeve	Quinns	Boys	U19	T01
1	Deacon Ayres	Seton	Boys	U19	T37



# HISTORY OF RESULTS

A History of Results of the ACC Cross Country carnivals from 1966 to 2024 can be viewed on the ACC website. Scanning this QR code will take you there.

Results History



**Sacred Heart College**  
**2024 Cross Country Champion School**

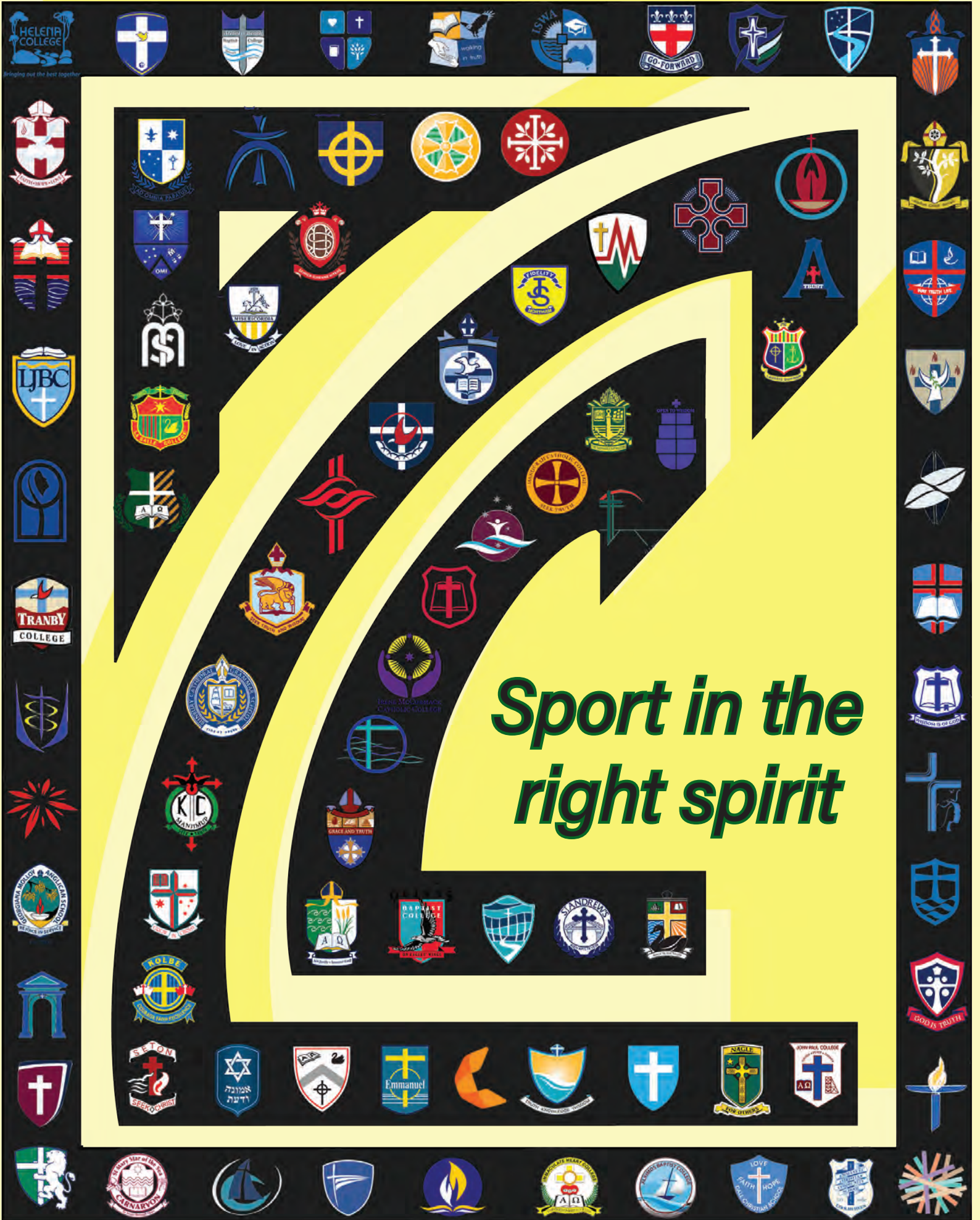


## 2024 Trophy Winners

Girls U/13	Mercedes College
Boys U/13	CBC Fremantle
Girls U/14	Sacred Heart College
Boys U/14	Irene McCormack CC
Girls U/15	Kolbe Catholic College
Boys U/15	Sacred Heart College
Girls U/16	Sacred Heart College
Boys U/16	St Mark's ACS
Girls U/19	Peter Moyes ACS & Sacred Heart
Boys U/19	Sacred Heart College
Girls Aggregate	Sacred Heart College
Boys Aggregate	CBC Fremantle
Overall Aggregate	Sacred Heart College
Sub-500 Junior Aggregate	Bunbury Cathedral Grammar
Sub-500 Senior Aggregate	Bunbury Cathedral Grammar







*Sport in the right spirit*

HELENA COLLEGE  
Bringing out the best together

ANTHONY COLLEGE

TRANBY COLLEGE

LJBC

TRANBY COLLEGE

ANGELINA'S SCHOOL

SETON

SETON

